



ROSSMOOR ROTARY NEWS



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July 30, 2025

Club Website: www.rossmoorrotary.org

District Website: www.rotary5160.org

MEETING NOTES: 07/30/2025

Call to Order: President Peter. David led the Pledge/Patriotic song.

Four-way Test: -Is It the Truth?

-Is It Fair to All Concerned?

-Will It Build Goodwill and Better Friendships?

-Will It Be Beneficial to All Concerned?

Guests and Visiting Rotarians: Karen, Carol, Susan L., and a dozen residents from Rossmoor were here to hear our guest speaker.

Thought for the Day: Bill B recited sayings On Service and Community:

"The best way to find yourself is to lose yourself in the service of others."

– Mahatma Gandhi

On Personal Growth and Impact:

"We are what we repeatedly do. Excellence, then, is not an act, but a habit."

– George Washington

On the Power of Togetherness:

"Alone, we can do so little; together, we can do so much."

– Helen Keller

On the Spirit of Giving:

"No one has ever become poor by giving."

– Anne Frank

Happy Dollars: John K. (Ellie's birthday); Bill (golfing success); Joy A.-first visits to District 5160 Clubs as District Governor; Eddie, wonderful family visit and going on Alaska Cruise; David B., closer to getting new car.

Raffle: Jim O. and John K. both wine winners

Sunshine Report: Jean D.-no news.

ANNOUNCEMENTS

District Bocce Ball Tournament- September 6. We have one team. See David B. if you want to join.

RSVP by August 6.



Tickets for this year's Gala are now on sale. You will be able purchase them online at rossmoorrotary.org, use the coupon in the Rossmoor News 9/10 edition, or purchase them at a weekly meeting. Cost is \$175 pp, \$1,200 for a table of eight, or \$1,500 for a table of 10. We will only accept one check for any table reservation, alongwith a list of the guest for that table. For more information, contact Sharon Long at sharon.m.long55@gmail.com.

Membership report and Gala report postponed to next week.

PROGRAM



Dr. Bryna Siegel, founder and executive director of the Autism Center of Northern California. Topic: What is Autism. What Isn't Autism.

Dr. Siegel gave a revealing presentation on this important subject to members, and residents of Rossmoor with firsthand experience of this disorder in their families. She started studying this disorder in the 70's.

She described autism as atypical development. How it emerges. How to identify it. What to do about it. And, how it affects families. How much autism is there? Centers for Disease Control (CDC) says that one in thirty-one people are affected. But she said, this statistic is unhelpful. The DSM

(Diagnostic Statistical Manual) diagnoses of autism are “camels built by a horse community.” It was thought that genetics would be the key, but psychiatry has no biomarkers.

She delineated the behaviors of those with autism; social communication difficulties; narrow interests; and repetitive activities.

Autism must be present in early development. It cannot be self-diagnosed. More adults are being diagnosed, and 30 percent have intellectual disabilities. Autism is like the “common cold” with all kinds of manifestations.

In regard to family issues autism is a major stressor, a major life event. For parents psychopathology is at risk. It is normal to have some level of denial. At some point, stasis and chronic sorrow with acceptance occurs.

UPCOMING EVENTS

Aug 6	Anne Bevilacqua – How to Succeed in Advertising without Really Trying	
Aug 13	10:30 Club Board of Directors Meeting	
Aug 13	Jean Strauss – Full Measure: The Steve Gladstone Story	
Aug 20	10:30 RRF Trustee meeting	
Aug 20	Jeff Matheson – Rossmoor Update	